Seattle Unity Board of Trustee
Candidate Introduction

Andrea Carino

I am grateful and excited to be given the opportunity to continue serving on the Seattle Unity Board of Trustees. Having been a Board member since 2017 (most recently as the Secretary of the Board), Seattle Unity member since 2014 and a congregant since 2009, I have grown through the love, support and guidance from the Seattle Unity ministry and community. My spiritual growth began to soar when I began tithing my time, talent and treasures and taking classes at Seattle Unity through which I got to know many of you, the Unity teachings, and I got to know myself better, too.

My time on the Seattle Unity Board of Trustees has been rewarding, and we have much work to do. I feel the weight of responsibility as we continue to work through the expected challenges related to leaving our beloved old building, moving our services temporarily to the Metropolist, and overseeing the planning and building of Seattle Unity's new home, while unexpectedly having to pivot to online-only services, classes, and fellowship gatherings due to the 2020 coronavirus pandemic.

I bring to the Board my "day job" organizational skills as a 34-year litigation paralegal and my someday-day jobs of sound healer, certified Kundalini yoga instructor, and meditation practitioner and the centeredness and grounding that all of those studies have brought to my life.

I have come to realize that what we have at Seattle Unity is truly something special. We really do care for one another. The Board and ministry continue to try think of new ways to encourage broadening Seattle Unity's diversity and inclusion, while continuing to hold our current community together. These initiatives are as important as ever during these times. We have all been affected by the events of 2020. We do not want to leave anyone behind. We are here for you, and we are here for each other, even if "here" means by phone or computer.

I take my responsibility seriously and am empathetic to the challenges that each person and the collective community has undergone this last year. I am optimistic for the future. We have much to be grateful for and to look forward to. I hope you will allow me to continue serving you on the Board through these changing times.