

The Peace Project Concept:

A 1993 meditation for peace experiment in Washington, D.C., led to a 23% reduction in violent crime. This project involved some 4,000 meditation experts, and obtained statistically significant results. This amazing discovery was not followed up with any further large-scale experimentation, until now.

The Seattle Peace Project is enlisting volunteers to spend time each day meditating or praying for peace and harmony in Seattle from June through September 2017. A free, downloadable app will be available soon to allow everyone who wishes to participate to do so from wherever they are, logging in times of prayer or meditation (anonymously if they wish). Those who want the camaraderie of a community meditation or prayer event are welcome to attend one, but there is no requirement; a person can also be a part of this project from the privacy of their own home, for a part of their daily commute, or in their favorite coffee shop. The violent crime records will be examined to see if there is a clear reduction, and statistical analysis used to calculate the possibility that any reduction is due to chance alone. (Click here to see the crime statistics: select one or more recent years, for the drop-down menu labelled "group," select "person crime," then scroll down to the chart below)

If we can prove that prayer and meditation can effect an entire city, it would have enormous implications for the future. Our project could make people everywhere re-prioritize their lives, and start setting aside a daily time for prayer and meditation. This could lead to a blossoming of further holistic experimentation, deeper understanding of our true potential, and a true cultural shift in the direction of wisdom and peace.

This experiment will rely entirely on volunteer effort; it is our intent not to use a penny of donated funds. We are asking for everyone to join in this project, regardless of a person's particular religious affiliation, or lack of any religious affiliation. You do not have to be in Seattle proper to participate.

More info at <https://www.hhresearch.org/seattle-peace-project/>



Updates

4-23-17

The Seattle Peace Project has 15 participating organizations as of 4/23. Many more are thinking about it. We need as many people as possible to:

Go to hhresearch.org, see the link at the bottom and like us on Facebook.

Tell everyone you know about the project.

Volunteer to help spread the word - contact other church leaders and local news

I am doing all I can think of as one person, but the Seattle Peace Project can only grow and “go viral” if other people get involved and take an active role. Then the story is one that will be featured in the news, and then hundreds of thousands of people will hear about it and get involved.

Thanks,

Troy

4-20-17

We have 14 groups signed on, and several more waiting for the app. I can't believe it is taking so long. The android version is done, but pending approval from Google. I have a number of other groups thinking about it. I sent letters to the media this week. Unity Kent, South Sound, and Lynnwood are on board. The guy at Bellevue never did say yes, and the group in Bothell never answers their voicemails. If you have a group meeting and could talk to these last two leaders, maybe you could get them to join.

I am doing all I can as one person, but I need help. When people look at the web site and click on the Facebook page, they might see that there are only a few “likes” and tend to dismiss it. If the Unity community could log on and “like” the Facebook page, it would be a tremendous help. Other things that would help would be to ask people to send e-mails or make calls to local news stations and ask them to cover this (right now they are only hearing from me), or volunteer to help spread the word in some way (canvassing a neighborhood, spreading the word on social media, making calls, etc.).

My goal is 20-25 participating groups for this month and 40-50 by the start of June, but I need help to reach these targets. I have trouble sleeping sometimes, but when I feel down about my slow progress, I only have to watch the news. Then I feel determined to change things for the better or die trying.

Troy

3-18-2017

Dear Karen,

The Seattle Peace Project is up to six participating groups this week. The last one to agree was the Sikh gurdwara in Renton.

Today I visited Ananda, Bellevue Hindu Temple, and the gurdwara. Tomorrow I will be at: Sakya Monastery in the AM; Amazing Grace Spiritual Center in the afternoon; Diamond Way Buddhism in the evening.

I hope to get all three to commit to participate. When we get to ten and above, I will begin a full-court press on the media and public officials for some attention, and leverage the publicity for all it is worth. I will also try to visit the Kadam-pa group in Ballard, and anyone else I can fit in. The guy making my app says it is nearing completion.

My god-niece in Taiwan has agreed to make our flier.

If anyone is interested, I sure could use help from volunteers to spread the word!

Once again, feel free to shout it from the housetops,

Health, Happiness, and Wisdom

Troy