

This is US (Unity Seattle)

Where We've Been Who We Are What We Dream

This is Us is a catalyst for building, transforming and sustaining community through the celebration of artistry, Unity history and spiritual principles.

(also known as let's have fun and play and create and say goodbye and tell our stories and lift each other up and be the love)

My inspiration for this project comes from Rick Lowe, an artist and 2014 MacArthur fellow. (Check out his short video on You Tube.) He created an idea he called social sculpture or art in a social context, creativity in community. It inspired me to ask.....what would the experience of our transformational journey be like if we viewed it as a community work of creativity/art?

It is in essence a community wide storytelling project. I will be visiting with and inviting groups and individuals to come up with ideas they want to contribute (I'm available for brainstorming!) Also multiple groups and/or individuals could work on the same projects. At the end of the project we will produce a book online. In addition to a book it is our vision to have a showing of all the community play/creativity/stories.

Where We've Been

An historical timeline including when Seattle Unity was founded, by whom, where we worshipped before building our church, who the ministers have been, etc.

Individuals memories of being a part of this community, weddings, memorials, parties, ceremonies, relationships. This could be in the form of writing, photos, collages, etc.

History of redevelopment of SLU.

Interviews with long time members or anyone of interest. Teachings of early new thought founders and teachers that have touched your heart and your spirit.

Who We Are

Art projects with the kids tbd.....drawings of the building now and their vision of our new building etc. Kid art or dance or play or stories....YAY.

Jeannie and Semaj, food, kitchen table talk, more food, oh the desserts..... Other memories from community of the power of gathering over a meal.

Quotes that have sustained you, stunned you, stayed with you. Could create an art piece with them and also include in book.

Little paper journal bookmaking project with Mariah. The journals could be used to record memories, quotes, photos, drawings etc.

A time capsule. Someone could do a project and just ask people what they would put in a time capsule and why. I mean, really, what one thing would You put in a time capsule?

Video, photography.....there's a million ideas in there.

Storytelling: verbal, dance, audio, musical, writing, graphic, drawing, photographic and the other 1000's of ways we tell stories

What We Dream

Write a letter to the future. What would you want future generations to know about you and US?

Our vision of the future of our community. What would that look like in 25 years, 50 years, 75 years, 100 years?

Create a big dreamcatcher full of wishes for the move, transitional space and the new church. Cool idea Julia.

What ceremonies could you envision for future generations?

I know each and every one of us are creators, in our own unique way, as individuals, together with others and as a tribe. If you feel inspired to party with This is US what I really want is You and that thing that is You. And if you have an idea, but don't know how to do that thing, look around and find someone that does, to play with you. So I'm sprinkling you all with the fairy dust of imagination and catching that creative wave that only you know how to ride. Party on Garth.....

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