



# *The Quest*

## Discussions of Unity Principles

Each Sunday at 11:15am,  
generally in the Ready Room

- We are a group which seeks to practice Unity Principles in order to grow our souls.
- We start with a prayer circle for our intentions.
- We read a short chapter on the day's topic
- We meditate for ten minutes in the silence.
- We discuss the questions on the topic in the workbook.
- We end with a prayer of support for each person.

Prosperity Forgiveness  
Prayer Healing Guidance Love

*“The Quest class goes deeper into the lessons presented in the Sunday services. This occurs in a space where we can practice concern and caring for other human beings in Christ-centered relationships.”* ~ Phil Johnson, Licensed Unity Teacher

**If you have any questions please contact  
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